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HIGHLAND HEIGHTS STUDIO
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COLD SPRING STUDIO & OFFICE
345 CROSSROADS BLVD · COLD SPRING, KY 41076

SUMMER SESSION: JUNE 3 – AUGUST 2

We provide quality dance education for children and adults in a professional and caring atmosphere.
Our Director, Lisa Davis, is a certified member of Dance Educators of America, Inc.

Register online at www.manyetdance.com

No Registration Fee for Summer Sessions!

The summer session consists of eight weeks of summer classes. There are four weeks in June and four weeks in July. The studio will be closed the entire week of 4th of July. When choosing your classes, you can register for the full eight weeks of classes, the four weeks in June or the four weeks in July.

<u>Age</u>	<u>Class</u>	<u>Day & Time</u>	<u>Beginning Date</u>	<u>Location</u>	<u>Duration</u>	<u>Tuition</u> <u>4WKS/8WKS</u>
Adult & child	Open Dance & Play	Tuesday 3:30-5:00 PM	June 4-July 30	Cold Spring	8 weeks (1x/week)	\$80/\$150
		The Cold Spring studio will be available for open dance, play and dress up. Props, tumbling equipment and costumes will be set up. Music will be on. Kids will have the freedom to dance, explore props, and let some energy out. This is not a teacher led class. A teacher will be there to set up and handle props. Price includes one adult and up to 2 children of any age. Children under the age of 1 are free and do not count as part of the 2 allotted kids. Each additional child is \$10. Parents are to supervise their children during the entirety of their open play visit.				
2 - 3	Tiny Tunes	Tuesday 6:15-6:45 PM	June 4-July 30	Cold Spring 1	8 weeks (1x/week)	\$40/\$65
		A creative play class incorporating favorite childhood songs and actions. This class helps to develop interaction, expression and coordination. Each child may bring one parent/adult participant into the class.				
3 - 4	Ballet, Tap & Teddy Bears	Tuesday 5:15-6:15 PM	June 4-July 30	Cold Spring 1	8 weeks (1x/week)	\$55/\$90
		Our youngest dance class that includes ballet, tap and tumbling. Students may bring a teddy bear to class with them each week. Dancers need tights, leotard, ballet shoes, tap shoes. *Our 3-year-old toddler dancers must be 3 years old by the first class and potty trained.				
3 - 5	Tumbling	Thursday 6:15-7:00 PM	June 6- Aug 1	Cold Spring 1	8 weeks (1x/week)	\$55/\$85
		Basic tumbling and skills to improve coordination, strength and flexibility.				
3 - 5	Dance Buddies	Wednesday 5:00-5:45 PM	June 5-July 31	Highland Hts. 1	8 weeks (1x/week)	\$50/\$80
		A creative play class incorporating activities to develop coordination through basic movements such as jumping, hopping on one foot, skipping, balancing, etc. as well as basic tumbling. Dancers will use props like the tunnel, Lummi sticks, beanie babies and hula hoops. Each dancer will be paired up with a middle school aged dancer that will guide them through individual activities before coming together as a whole class with the head teacher to participate in fun songs. This is a great steppingstone when moving up from Tiny Tunes.				
4 - 6	Ballet, Tap & Tumbling	Monday 5:15-6:30 PM	June 3-July 29	Cold Spring 1	4 weeks (1x/week)	\$58/\$100
		Dance class that includes ballet, tap and tumbling. Dancers need tights, leotard, ballet shoes, tap shoes.				
4 - 6	Hip Hop	Wednesday 5:45-6:30 PM	June 5-July 31	Highland Hts. 1	8 weeks (1x/week)	\$50/\$80

Basic hip hop moves and combinations both in the center and across the floor. Dancers will also learn a hip hop routine over the course of the class.

4 - 7	Princess Ballet	Thursday 5:15-6:15 PM	June 6- Aug 1	Cold Spring 1	8 weeks (1x/week)	\$55/\$90
		Dancers will dance like a princess, using props in class such as tutus, wands and crowns while learning Basic ballet. They will also listen to a princess story each week, create a dance to go with the story and a craft. Princess schedule: Cinderella, Moana, Belle, Jasmine, Elsa, Ariel, Tiana, Rapunzel				
5 - 8	Junior Jazz	Tuesday 6:45-7:30 PM	June 4-July 30	Cold Spring 1	8 weeks (1x/week)	\$50/\$80
		Introduction to jazz steps.				
5 - 11	Dance Party	Thursday 7:00-8:00 PM	June 8-29	Cold Spring 1	4 weeks (1x/week)	\$50/\$80
		Dancers will work out some energy with easy to follow along dances and locomotor skills as well as social dances. They will also play games and participate in obstacle courses. Each week will be a different theme that participants are encouraged to dress for: neon, Hawaiian, favorite color, 80's, crazy socks, mismatch, pop star, pj's.				
6 - 9	Ballet, Tap & Jazz	Monday 6:30-7:45 PM	June 3-July 29	Cold Spring 1	8 weeks (1x/week)	\$58/\$100
		Class will include learning the basics in ballet, tap and jazz. Dancers should have tights, leotard, ballet or jazz shoes as well as tap shoes.				
6 - 10	Tumbling	Thursday 7:00-7:45 PM	June 6- Aug 1	Cold Spring 1	8 weeks (1x/week)	\$55/\$85
		Basic to intermediate tumbling and skills to improve coordination, strength and flexibility.				
7 - 9	Hip Hop	Wednesday 6:30-7:15 PM	June 5-July 31	Highland Hts. 2	8 weeks (1x/week)	\$50/\$80
		Basic hip hop moves and combinations both in the center and across the floor. Dancers will also learn a hip hop routine over the course of the class.				
8 - 11	Tap	Thursday 7:45-8:30 PM	June 6- Aug 1	Cold Spring 1	8 weeks (1x/week)	\$50/\$80
		Improve on your technique through center steps and across the floor combos.				
8 - 11	Dance Drop-In	Tuesday 6:15-7:30 PM	June 4-July 30	Highland Hts. 2	8 weeks (1x/week)	\$100
		Tuesday 7:30-8:30 PM	June 4-July 30	Highland Hts. 2	8 weeks (1x/week)	\$80
					PASS	\$155
					DAILY DROP-IN	\$35

These classes are designed as dance sampler type classes. A different dance genre will be explored every two weeks. Class 1 will consist of a small workout, stretch and some type of technique. In class 2, a dance will be taught in the style listed. You can purchase a pass to any or all the classes for the entire 8 weeks, you can choose just one class for 8 weeks, or you can pay a daily drop-in rate to take one or both classes on a single day.
Weekly schedule:

DATES	TIMES	STYLE
JUNE 4 & 11	CLASS 1: 6:15-6:45	work-out and stretch
	CLASS 1: 6:45-7:30	ballet technique
	CLASS 2: 7:30-8:30	lyrical
JUNE 18 & 25	CLASS 1: 6:15-6:45	work-out and stretch
	CLASS 1: 6:45-7:30	tap technique
	CLASS 2: 7:30-8:30	jazz

JULY 9 & 16	CLASS 1: 6:15-6:45	work-out and stretch
	CLASS 1: 6:45-7:30	leaps, jumps, turns
	CLASS 2: 7:30-8:30	musical theater
JULY 23 & 30	CLASS 1: 6:15-6:45	work-out and stretch
	CLASS 1: 6:45-7:30	ballet/lyrical
	CLASS 2: 7:30-8:30	tap

8 - 11	Jazz Tech w/ Leaps and turns	Monday 5:30-6:30 PM Dancers will work on various leaps, turns and jumps while also conditioning and strengthening their body.	June 3-July 29	Highland Hts. 1	8 weeks (1x/week)	\$55/\$90
9+	Dance Conditioning	Thursday 6:00-6:45 PM Stretch and strengthening exercises to target specific muscles in your body to help with turnout, body posture arm placement, foot articulation and more. Dancers will use tools such as stretch bands and foam blocks. Strong muscles lead to strong dancers.	June 6 – Aug 1	Highland Hts. 1	8 weeks (1x/week)	\$45/\$75
10 - 13	Hip Hop	Wednesday 7:15-8:00 PM Basic hip hop moves and combinations both in the center and across the floor. Dancers will also learn a hip hop routine over the course of the class.	June 5-July 31	Highland Hts. 2	8 weeks (1x/week)	\$50/\$80
10+	Pre-Pointe	Tuesday 5:30-6:15 PM Anyone interested in going on pointe for the first time this coming fall MUST take pre-pointe class. This will help perfect students' technique while strengthening their feet and ankles so that they can be successful when going on pointe for the first time.	June 4- July 30	Highland Hts. 1	8 weeks (1x/week)	\$50/\$80
12+	Dance Drop-In	Tuesday 6:15-7:30 PM Tuesday 7:30-8:30 PM	June 4-July 30 June 4-July 30	Highland Hts. 2 Highland Hts. 2	8 weeks (1x/week) 8 weeks (1x/week) PASS DAILY DROP-IN	\$100 \$80 \$155 \$35

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	CLASS 1: 6:45-7:30	tap technique
	CLASS 2: 7:30-8:30	jazz
JULY 9 & 16	CLASS 1: 6:15-6:45	work-out and stretch

	CLASS 1: 6:45-7:30	leaps, jumps, turns
	CLASS 2: 7:30-8:30	musical theater
JULY 23 & 30	CLASS 1: 6:15-6:45	work-out and stretch
	CLASS 1: 6:45-7:30	ballet/lyrical
	CLASS 2: 7:30-8:30	tap

12+	Pointe	Thursday 5:15-6:00 PM	June 6 – Aug 1	Highland Hts. 1	8 weeks (1x/week)	\$50/\$80
		For dancers with at least 3 years consecutive/recent ballet experience and was in pointe class this past dance season.				
12+	Jazz, Lyrical & Contemporary	Thursday 6:45-8:00 PM	June 6 – Aug 1	Highland Hts. 1	4 weeks (1x/week)	\$58/\$100
		Improve on your technique through center steps, across the floor combos and choreography.				
12+	Jazz Tech w/ Leaps and Turns	Monday 6:30-7:30 PM	June 3-July 29	Highland Hts. 1	8 weeks (1x/week)	\$55/\$90
		Dancers will work on various leaps, turns and jumps while also conditioning and strengthening their body.				
12+	Advanced Tap	Wednesday 6:30-7:15 PM	June 5-July 31	Highland Hts. 1	8 weeks (1x/week)	\$50/\$80
		Work on advanced tap rhythms in the center and across the floor as well as advanced tap tricks.				
Adults (age 18+)	Advanced Jazz & Lyrical	Tuesday 8:30-9:30 PM	June 4-July 30	Highland Hts. 1	8 weeks (1x/week)	\$55/\$90
		This class is designed for those advanced dancers who want a good dance workout for the summer. Ideal for those that grew up dancing and may be home from college. Class will explore center combos, progressions across the floor and choreography in jazz and lyrical.				
Adults (age 18+)	Adult Ballet & Jazz (Beginners-Int)	Thursday 8:00-9:00 PM	June 6 – Aug 1	Highland Hts. 1	8 weeks (1x/week)	\$50/\$90
		A great way to stretch, exercise and work on grace while learning ballet technique and then spice it up with some jazz. This class is for beginners to intermediate dancers. Comfortable clothing or workout clothing recommended. Dancers could wear ballet shoes, jazz shoes or go barefoot.				
Adults (age 18+)	Adult Tap	Wednesday 7:15-8:00 PM	June 6-27	Highland Hts. 1	8 weeks (1x/week)	\$50/\$80
		The first 4 weeks will be focused on tap combos in the center and across the floor. The second half will be more of a tapperclass class with fun dances that keep you moving. Comfortable clothing or work out clothing recommended. Dancers will need tap shoes.				
Adults (age 18+)	Cardio Dance Class	Wednesday 8:05-8:50 PM	June 5-July 31	Highland Hts. 1	4 weeks (1x/week)	\$45/\$80
		A fun way to exercise through dance to popular music by learning short, fun, energetic dances that keep you moving. Dances will cross genres of basic hip hop and jazz. No experience is necessary. Anyone and everyone can catch on and have fun getting a great cardio workout in! Drop-in rate of \$15				

CAMPS

Camp consists of dancing (jazz and hip hop based), games, tumbling, songs, crafts and a snack all provided by the studio. Week-long campers will also receive a Manyet camp shirt.

For outdoor camps, campers will be dropped off at the playground part of the Southgate community center. There is a small parking lot across the street from the playground you can park in and then walk your child across to the playground. For pick-up, campers will be picked up by the community center building, with parents utilizing the large parking lot

directly next to the building. Campers are to bring: a bag/backpack each day that consists of a towel, sunscreen, and water bottle. In the event of bad weather, camp will be at the Highland Heights studio and you will be notified via text and/or email.

Indoor camps will be held at the Highland Heights studio. Campers are to bring a water bottle.

Siblings receive a 10% discount when signed up together. You can have the option to sign up for individual days if there is availability. Individual day rate is \$35 per day – sibling discount does not apply and camper does not receive the camp shirt. Campers receive a 10% discount if you participated in one of our other 2024 camps. Discount cannot be combined with sibling discount.

OUTDOOR CAMPS

5 - 11	CAMP “Mermaids & Pirates”	Mon-Thurs 8:45 AM-12:30 PM	June 3 – June 6	Southgate Community Center	1 weeks (4x/week)	\$120*
		Mermaid/Merman Monday, Treasure Hunt Tuesday, Walk the Plank Wednesday, Pirate Talk Thursday. Songs, games and crafts will be reflective of each day’s theme. Participants are welcome to dress for the theme each day.				
5 - 11	CAMP “Color Camp”	Mon-Thurs 8:45 AM-12:30 PM	June 10 – June 13	Southgate Community Center	1 weeks (4x/week)	\$120*
		Monday red and orange, Tuesday yellow and green, Wednesday blue and purple, Thursday rainbow or favorite color. Songs, games and crafts will be reflective of each day’s theme. Participants are welcome to dress for the theme each day.				
5 - 11	CAMP “Beach Party”	Mon-Thurs 8:45 AM-12:30 PM	July 8 – July 11	Southgate Community Center	1 weeks (4x/week)	\$120*
		Hula Monday, Tropical Tuesday, Hit the Waves Wednesday, Sun and Sand Thursday. Songs, games and crafts will be reflective of each day’s theme. Participants are welcome to dress for the theme each day.				
5 - 11	CAMP “Summer Olympics”	Mon-Thurs 8:45 AM-12:30 PM	July 15 – July 18	Southgate Community Center	1 weeks (4x/week)	\$120*
		Opening Ceremonies Monday, Track and Field Tuesday, Water Events Wednesday, Team USA Thursday. Songs, games and crafts will be reflective of each day’s theme. Participants are welcome to dress for the theme each day.				

INDOOR CAMPS

5 - 11	CAMP “Trolls Camp”	Mon-Thurs 8:45 AM-12:30 PM	June 17 – June 20	Highland Heights Studio	1 weeks (4x/week)	\$120*
		Rockin’ Monday, Techno Tuesday, Western Wednesday, Boy Band Thursday. Songs, games and crafts will be reflective of each day’s theme. Participants are welcome to dress for the theme each day.				
5 - 11	CAMP “In My Pop Star Era”	Mon-Thurs 8:45 AM-12:30 PM	June 24 – June 27	Highland Heights Studio	1 weeks (4x/week)	\$120*
		Shake it Off Monday, Taylor Tuesday, Welcome to New York Wednesday, Pop Star Thursday. Songs, games and crafts will be reflective of each day’s theme. Participants are welcome to dress for the theme each day.				
5 - 11	CAMP “Happy Campers”	Mon-Thurs 8:45 AM-12:30 PM	July 22 – July 25	Highland Heights Studio	1 weeks (4x/week)	\$120*
		Explore the Outdoors Monday, Tent Tuesday, World of Insects Wednesday, Campfire Thursday. Songs, games and crafts will be reflective of each day’s theme. Participants are welcome to dress for the theme each day.				

*Camp cost is \$120 per week if registered by June 1. After June 1, camp is \$130 per week.

MINI CAMPS

Mini camps are 1-day camps. They will happen on Thursdays from 2:00-4:30 at the Highland Heights studio. These camps include all the fun of the weeklong camps, packed into an afternoon. Mini camps will include dancing, games and crafts. Participants are welcome to dress for the theme. Participants should have on comfortable clothes to move in. They may wear clear gym shoes, dance shoes (ballet or jazz) or go barefoot.

5 - 11	MINI CAMPS	Thursday 2:00 PM-4:30 PM	June 6 – July 25	Highland Heights Studio	Single Camp 4 Camps All 7 Camps	\$25** \$95** \$160**
		Princess Party – June 6 Fashionista – June 13 Hair Up – June 20 Swiftie Party – June 27 Aloha! – July 11 Gold Medal – July 18 Woodland Wonderland – July 25				

*Cost listed is for those registered and paid by June 1. After June 1, camp cost increases as follows: Single Camp \$30, 4 Camps \$105, All 7 Camps \$185

The above schedule is subject to change depending on enrollment. A minimum number of students is required and varies between classes.

Attire for Summer Classes

- Classes covering any Ballet, Lyrical, Tap, Jazz, Pointe, Students may wear any color leotard and tights. Male students may wear shorts and a T-shirt. Students will also need to wear appropriate shoes (i.e.: ballet, tap, jazz, pointe shoes)
- Tiny Tunes, Hip Hop Students need only wear comfortable, moveable clothes and clean gym shoes.
- Adult classes Students may wear dance clothes or exercise clothes.
- Tumbling Female students may wear leotards or shorts and t-shirts. Male students may wear shorts and a t-shirt. Students will tumble barefoot.

Dance shoes, leotards and tights as well as select Manyet spirit wear, dance skirts and dance shorts, are sold at competitive prices through the studio. Please contact the office via email, phone or text.

Payment Policy for Summer Classes

To hold your class placement, tuition payment, in full, is due by **May 23**. There will be no refunds on tuition payments unless the class is canceled due to low enrollment. There is no registration fee for Summer Sessions. The family discount is not applicable during our Summer Session. You may deduct tuition for one class if you will be absent due to summer vacations, camp, etc but only if you are signed up for the 8 week session. 4 weeks sessions will not be pro-rated. Please call the office prior to the payment due date of May 23 to inform us of the date of absence and to receive your pro-rated cost. No pro-rated discount will be given after May 23. Classes will not be credited or pro-rated once the class has started. Registrations will be accepted until the class is full.

Enrollment Information

Students can easily register for our summer classes online. A link to the online registration form can be found on our website www.manyetdance.com and will be open by May 1. If you have any questions about the registration or need assistance, you can also email us directly at manyetdance@gmail.com or call the office at 859.250.5042. Due to limited class sizes, it is recommended that you contact us as soon as possible so that you may sign up for your preferred class day and time. In the event of too few students for a particular class, cancellation could occur for that class up to three days before the class starting date.