

Meet Ms. Sarah

Hello Manyet Dancers and Families!

My name is Mrs. Sarah Lowry, and this is my ninth year teaching at Manyet Dance. I began dancing at age three, and my dance background covers many styles. I have been trained in tap, ballet, jazz, hip hop, lyrical, and pom over the years. My favorite styles to perform are pom and jazz. I danced in studios from age three until fourteen, and in high school I danced for four years on my school's team at Seton High School. After high school, I continued dancing at Xavier University as a member of the dance team.

My experience in teaching and coaching dance is also very diverse. I taught dance to students ages 18 months-12 years for a local studio, and I coached the Seton Twinkle and Youth Dance Teams for a combined five seasons. After graduating from Xavier University in December of 2012, I was soon given the opportunity to coach at Xavier, where I coached for five seasons. I am also currently the Pom coach for Q-Kidz dance team in Cincinnati.

I am from the Westside of Cincinnati and still reside there with my husband, Brandon and our son, Rogan. I also take the Monday night adult class here at the studio, which is one of my favorite nights of the week. Besides dancing and teaching, I enjoy crafting, baking, exercising, and all things Cincinnati Reds!

I absolutely LOVE sharing my passion for dance with all of my students and dancers. It is so rewarding to see them grow as both dancers and people each season. I look forward to spending another dance season with the Manyet Dancers!

Sincerely,
Sarah Lowry
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M O A N Y C E T

Ballet • Tap • Jazz • Pointe • Tumbling • Hip Hop